

Dr. Sandra Bruno, DMin, LMFT, AADC

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PROFESSIONAL SUMMARY

Licensed Marriage and Family Therapist and Certified Advanced Alcohol and Drug Counselor with over 25 years of diverse clinical, supervisory, and faith-integrated counseling experience. Holds a Doctor of Ministry in Pastoral Counseling. Skilled in individual, couples, and family therapy, substance use disorder treatment, program development, compliance training, and clinical leadership. Integrates evidence-based clinical practices with pastoral care to support clients in outpatient, hospital, military, and community settings.

LEADERSHIP & IMPACT HIGHLIGHTS

- Invited Conference Speaker — Alabama Counseling Association Annual Conference (November 2025): Counseling Without Borders: The Future of Teletherapy.
- Featured Conference Presenter — Alabama LMFT Conference (Huntsville, 2024): Presented on evidence-based approaches to treating substance use disorders.
- Clinical Leadership & Supervision — Supervised multidisciplinary teams as Treatment Service Coordinator at Huntsville Metro Treatment Center, overseeing compliance, staff development, and clinical operations.
- Program Development & Training — Designed and delivered compliance and clinical training for New Seasons' opioid recovery programs across multiple states.
- Hospital Leadership — Served as Chaplain at Huntsville Hospital's Women & Children's Unit, providing grief counseling, crisis response, pastoral care, and ASL interpretation.
- Community Leadership — Chaired the Madison County Coalition for Healthy Marriages (2005–2010), leading outreach, fundraising, and marriage education programs.
- Faith-Integrated Care — Provided counseling and corporate chaplaincy with Marketplace Chaplains USA, combining therapeutic and spiritual support for employees and families.
- Telehealth Expansion Advocate — Provides individual, couples, and family therapy via Still Waters Counseling & Education Center, increasing accessibility through telehealth platforms.

EDUCATION

Liberty University — Doctor of Ministry in Pastoral Counseling (2022)

California State University, Fullerton — Master of Science in Marriage, Family, and Child Counseling (1998)

Northern Arizona University — Bachelor of General Studies (1990)

LICENSURE & CERTIFICATION

- Licensed Marriage and Family Therapist (LMFT), Alabama
- Certified Advanced Alcohol and Drug Counselor (AADC), Alabama, IC & RC
- Certificate in Biblical Counseling (31 hrs), AACC Center for Biblical Studies
- Clinical Pastoral Education — One Unit Completed
- Mediation Training — 28 hours (CA Dispute Resolution Programs Act)
- Domestic Mediation Training — 20 hours (Utah Dispute Resolution)

PROFESSIONAL AFFILIATIONS

- American Association of Christian Counselors
- Alabama Association for Marriage and Family Therapy
- Alabama Counseling Association

PROFESSIONAL EXPERIENCE

- Still Waters Counseling & Education Center (*formerly Still Waters Counseling Center, LLC*) — *Senior Therapist* (January 2023–Present) - Provide individual, couples, and family counseling, both in-person and via telehealth. Supported the organization's transition from Still Waters Counseling Center, LLC **to** Still Waters Counseling & Education Center, a 501(c)(3) nonprofit, expanding access to faith-integrated mental health services and community outreach programs.
- New Seasons — Compliance Auditor (2022–2023) - Audited clinical documentation across seven states. Trained clinical directors and counselors in compliance standards.
- Redstone Arsenal — Military & Family Life Counselor / Child & Youth Behaviorist (2018–2022) - Provided short-term counseling for military personnel and their families. Facilitated psychoeducational groups and supported child/youth centers.
- Huntsville Metro Treatment Center, New Seasons — Treatment Service Coordinator (2015–2018) - Supervised counselors, social workers, and family therapists. Audited 700+ charts and ensured compliance with state/federal standards. Provided training across clinics nationwide.

- Huntsville Metro Treatment Center, New Seasons — Counselor (2014–2015) - Provided counseling to substance abuse clients. Developed treatment plans and managed caseload of 40 patients.
- Marketplace Chaplains USA — Corporate Chaplain (2009–2015) - Offered grief support, crisis intervention, and spiritual care to corporate employees. Provided counseling and on-call support.
- Huntsville Hospital, Women & Children’s Unit — Hospital Chaplain (2006–2011) - Provided grief counseling, pastoral care, baptisms, communion, and religious services. Served as ASL interpreter for Deaf patients and families.
- Madison County Coalition for Healthy Marriages — Board Member / Chair (2005–2010) - Led board meetings, fundraising, and community outreach initiatives.
- Utah Dispute Resolution — Mediator (2001–2003) - Mediated civil, small claims, and domestic disputes in court settings.
- Tooele School District — School Counselor (2000–2002) - Counseled elementary students across three schools through individual and group sessions.
- Community Service Programs, Inc. — Counselor, Diversion & Youth Services (1997–1999) - Provided counseling for juvenile offenders and families. Led parenting groups, seminars, and drug/alcohol recovery groups.
- Orange County Worship Center — Interpreter for the Deaf (1997–1999) - Interpreted church services and staff meetings. Taught Sunday School for Deaf adults.
- University of California, Irvine — Sign Language Interpreter (1998) - Provided ASL interpretation for college students.
- Oceanside, CA — Private ASL Teacher (1995–1996) - Taught ASL and Deaf culture to individuals and children.
- El Paso Deaf Center — Interpreter for the Deaf (1991–1994) - Interpreted in government, hospital, educational, and welfare settings.

REFERENCES AVAILABLE UPON REQUEST