

Rebecca Moerbe, MSSW, LICSW

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PROFESSIONAL SUMMARY

Licensed Independent Clinical Social Worker with over 20 years of experience in behavioral health, hospital-based care, trauma therapy, and telehealth counseling. Specializes in EMDR, CBT, DBT, EFIT, and faith-integrated care. Skilled in grief, health transitions, end-of-life support, donor family advocacy, and working with diverse populations across individual, couples, and family settings.

LEADERSHIP and IMPACT HIGHLIGHTS

- Invited Conference Speaker — Alabama Counseling Association Annual Conference (November 2025): Counseling Without Borders: The Future of Teletherapy.
- Clinical Leadership — Provided supervision and training for new social workers at Legacy of Hope.
- Program Development — Co-developed grief intervention protocols, family education resources, and donation support strategies at Legacy of Hope.
- Adopter of multi-platform telehealth — Offers trauma-informed therapy through BetterHelp and Still Waters Counseling & Education Center.
- End-of-Life Care Advocate — Led grief counseling, legacy planning, and family support in ICU, ER, and hospice environments
- Faith-Integrated Care — Integrates Christian principles into evidence-based practice when requested by clients.

EDUCATION

- University of Texas at Arlington — Master of Science in Social Work (MSSW) (2001)
Academic Achievement Award Recipient 2001
- Concordia University Texas — Bachelor of Arts in Behavioral Science (1999)

LICENSURE & CERTIFICATION

- Licensed Independent Clinical Social Worker (LICSW), Alabama — License #4511C (Active since 2020)
- EMDR Trained
- Advanced Training: CBT, DBT, EFIT, Motivational Interviewing

PROFESSIONAL AFFILIATIONS

- National Association of Social Workers – Alabama Chapter (NASW–AL)
- Alabama Counseling Association

PROFESSIONAL EXPERIENCE

- Still Waters Counseling & Education Center (*formerly Still Waters Counseling Center, LLC*) — Senior Therapist (April 2023–Present) — Provide EMDR, CBT, DBT, EFIT, and trauma-informed therapy to adolescents and adults, both in-person and via telehealth. Integrate faith-based care when requested.
- UAB Center for Psychiatric Medicine — Psychiatric Social Worker (*PRN*) (October 2021–August 2023) — Provided psychiatric assessments, treatment planning, and crisis intervention while collaborating with interdisciplinary care teams for inpatient and outpatient services.
- BetterHelp — Telehealth Therapist (August 2021–August 2024) — Offered trauma-informed telehealth therapy for clients, utilizing CBT, EFIT, and solution-focused approaches.
- Integrated Behavioral Health — Clinical Social Worker (February 2021–August 2021) — Provided outpatient behavioral health therapy to aging adults living in care facilities, bringing treatment planning and evidence-based care.
- Legacy of Hope (*formerly Alabama Organ Center*) — Family Support Coordinator (2006–2020) — Provided crisis counseling and end-of-life support to families in ICU and ER settings. Led family education regarding donation processes, developed grief-care resources, and trained new staff in donation protocols and counseling techniques.
- UAB Geriatrics Clinic — Social Worker (2013–2016) — Provided case management, care coordination, and counseling for geriatric patients and caregivers, ensuring comprehensive patient support.
- Southern Care Hospice — Hospice Social Worker (2004–2006) — Supported patients and families through end-of-life transitions, grief counseling, and access to community resources.
- Barnes-Jewish Hospital — Social Worker (2001–2002) — Provided clinical case management, facilitated patient-family interventions, and supported discharge planning for patients in critical care settings.

REFERENCES AVAILABLE UPON REQUEST